

# 20th Annual Greater St. Louis Safety & Health Conference

*The Premier EHS Event for Professionals in the Midwest*

**The Crossing at Chesterfield**

**114 N. Eatherton Road**

**Chesterfield, MO 63005**

**Wednesday, October 11, 2023**



**Keynote Speaker:****Shawn Spiwak**

Lead Skills Trainer, Evergy, Kansas City, Missouri

**The Power of Communication**

In 2008, as an employee of Kansas City Power and Light, Shawn and his crew responded to a power outage in a neighborhood just north of Worlds of Fun in Kansas City. During the restoration, Shawn came in full contact with an electric line that was still energized. The electricity traveled a path from his right elbow to his right knee, down the pole. The fifth-degree burns left his bones with irreparable damage. Shawn made an amazing recovery with a willpower that was stronger than the 7,200 volts of electricity that traveled through his body that day. He eventually returned to Kansas City Power and Light (now Evergy) where he is now a trainer and now travels to share with companies, first responders, and schools, the power of electricity.



Through his experience, Shawn will share the importance of communication in any role and situation. And how one misstep in communication could save (or cost) a life.

**About Shawn:**

Shawn Spiwak is a Lead Skills Trainer for Evergy in Kansas City, MO. He started his career with Evergy (formerly KCP&L) in 2001. As a successful graduate of a three-year, Department of Labor-certified apprenticeship program, he continued his electrical career as a journeyman lineman. After a life changing accident, he focused on training. Since 2009, he has been teaching apprentices and journeymen electrical fundamentals and theory. This time has been invaluable at providing insight into the needs of training and safety procedures on the job.

**Conference Agenda**

7:15 a.m. to 7:50 a.m.	Conference Check-In & Registration
7:50 a.m. to 8:00 a.m.	Opening Remarks
8:00 a.m. to 9:00 a.m.	Keynote Speaker <i>Shawn Spiwak</i>
9:00 a.m. to 9:30 a.m.	Exhibitor Viewing
9:30 a.m. to 10:15 a.m.	Breakout Session I
10:30 a.m. to 11:15 a.m.	Breakout Session II
11:30 a.m. to 12:15 p.m.	Breakout Session III
12:15 p.m. to 1:15 p.m.	Lunch(Provided) Exhibitor Viewing Haz Mat Lab
1:15 p.m. to 2:00 p.m.	Breakout Session IV
2:00 p.m. to 2:30 p.m.	Final Exhibitor Viewing
2:30 p.m. to 3:30 p.m.	Closing Session Bill McDonald OSHA

**Exhibitor Viewing 9:00 a.m. — 9:30 a.m.**

**Breakout Session I 9:30 a.m. — 10:15 a.m.**

### **Warehouse and Yard Safety**

**Domini Montgomery**, *Director of Safety & Risk Management, Saint Louis Zoo*

**Eric Waterkotte**, *Director of Safety & Environmental, Millstone Weber*

Join us for a two-part panel discussion on general safety in a yard environment, warehouse environment, and the intersections between the two. Attendees will gain an understanding of yard safety basics, warehouse safety; and the unique challenges of the two.



### **When Safety is Actually Third: Injury Action Plans'**

**Steven Summer**, *Field Service Manager, Missouri Employers Mutual*

**Mark Woodward**, *Senior Safety & Risk Service Trainer, Missouri Employers Mutual*

If Safety is third what is first and second? Find out as Steve and Mark share the necessary steps to have a complete and effective injury action plan for all aspects of your job site(s).

### **Personal Safety: Situational Awareness**

**John Launius**, *President*

Discover the art of safeguarding yourself with our comprehensive session on 'Personal Safety and Situational Awareness.' In an unpredictable world, mastering the skills to ensure your safety and security isn't just valuable – it's essential. We have designed this session to empower individuals from all walks of life. You will discuss the knowledge and techniques needed to navigate any environment with confidence and caution. Learn to anticipate potential threats, assess surroundings, and make informed decisions that prioritize your safety. Whether you're at home, traveling, or simply going about your daily routine, this course will be your ultimate guide to staying vigilant and secure, no matter where you are or when you need it. Your safety is non-negotiable – plan to attend and proactively protect yourself anytime, anywhere.

### **A Joint Session: Pot is Hot**

**Brian Bauer**, *Director of EAP Sales, H&H Health Associates, LLC*

Brian will discuss recreational Marijuana and the importance of reasonable suspicion training with a brief overview of signs and symptoms.

**Breakout Session II 10:30 a.m. — 11:15 a.m.**

### **Transition from Hard Hats To Helmets**

**Steve Miller**, *Vice President of Safety, Central Region, McCarthy Building Companies, Inc.*

Learn about the new technology of Helmets what to look for when choosing a helmet and how to successfully implement change to ensure safety to all. And noteworthy gains experienced from the change.

### **Near Miss Program**

**Corey Hayes**, *Safety Director, Alberici Constructors*

Join Corey as he walks through the creation and implementation of a Near Miss Program and discusses the all-around gains experienced from a successful Near Miss Program.

**Breakout Session II 10:30 a.m. — 11:15 a.m. (Continued)****Emerging Threats and Cybersecurity Best Practices for Your Business**

**Elizabeth Niedringhaus**, *President and CEO, System Service Enterprises, Inc.*  
Understand cybersecurity threats and how companies are being targeted, how regulatory changes are being implemented across different industries and learn how to protect your business with best practices covering both IT and security aspects.

By attending this session, you will equip yourself with the knowledge and tools necessary to bolster your cybersecurity defenses, ensuring that your business remains resilient and secure against the ever-growing threat of cyberattacks.

**DOT Update (regulated)**

**TBA,**

Learn what CVE looks for during an inspection and recent updates. As well as a comprehensive pre trip checklist.

**Breakout Session III 11:30 a.m. — 12:15 p.m.****Fall Protection Compliance Initiatives for Mobile Elevated Work Platforms and Scaffolding Safety.**

**Steve Bell**, *President, Owner, Employers Health and Safety*

Steve will provide specific OSHA related information regarding all aspects of compliance initiatives and best safety practices when operating, supervising and/or auditing work areas that have Elevated Work Platforms or Scaffolding that should be monitored for safety related practices. Attendees will gain a general understanding of the OSHA 1910.23, 1926.501, 1926.453 and 1926.451. Other objectives include information for safety auditors to utilize in the field and best practices for auditing, training, and documenting all elements of a Fall Protection program.

**When Chaos Strikes: Navigating Emergency Action Plans for Chemical Spills and Category 3 Water Losses**

**Danielle Tabers**, *Account Executive, Woodard Cleaning and Restoration*

In the face of unexpected chaos, having a well-prepared and efficient emergency action plan is crucial to mitigate the risks and ensure the safety of people and property. In this presentation, we dive into the world of chemical spills and Category 3 water disasters, equipping you with the knowledge and strategies needed to navigate these challenging situations.

(Attendees will gain valuable insights into the best practices for emergency preparedness and response, empowering them to proactively assess risks, implement preventive measures, and take swift action when chaos strikes. By the end of this presentation, you will be equipped with the knowledge and tools necessary to navigate the challenges of chemical spills and Category 3 water disasters with confidence and efficiency. Together, let's ensure safety and minimize the impact of these emergencies).



**Breakout Session III 11:30 a.m. — 12:15 p.m. (Continued)****Mental Wellbeing & Suicide Prevention Applicable Lessons Learned from the Construction Industry****Rick Reams**, *Vice President of Safety and Quality, Murphy Company***Suicide Awareness and Prevention**

According to the Centers for Disease Prevention, construction occupations have the highest rate of suicide, as well as the highest number of suicides across all occupational groups. To combat these statistics, contractors, unions, associations, industry service providers and project owners must work together to STAND up for suicide prevention.

While being a part of industry is very rewarding, it has often been taboo to talk about what is responsible for taking the lives at a higher rate than anything else in the construction industry, SUICIDE...

Taking in to account the historical demographics of the industry, it's no wonder there has been a stigma that we can't talk about what's troubling us, our feelings, ... Since 2019 we have been working to break that STIGMA, by having the courage and compassion, through education and training to embrace the conversation. Our focus has been identifying warning signs, how to listen and respond, what resources are available to the work force; with the message of "HOPE". Rick will share how the construction industry is making traction to break the stigma and share resources that have proven successful and can be applied to other industries.

**Workers' Compensation Update****J. Bradley Young**, *Partner, Harris Dowel Fisher & Young L.C.*

What is NEW in Missouri and Illinois? This presentation will cover new statutes and case law related to workers' compensation in Missouri and Illinois, and how these decisions impact employee safety rules and procedures.

**Lunch 12:15 p.m. — 1:15 p.m. Pianist Tom Lawrence | Exhibitor Viewing | Hazard Lab****Breakout Session IV 1:15 p.m. — 2:00 p.m.****Trench Safety****Matthew Skaggs**, *Trench Safety Representative, United Rentals*

Matthew will cover excavation safety, shoring and product knowledge, soil types, and the duties of a competent person. Attendees will be given trench safety knowledge, what to look out for, and an understanding of the duties and responsibilities of a competent person.

**Strategies for Preventing Life Changing Events****TBA**

This presentation will cover specific and proven strategies to address and prevent life altering exposures on the job.

**Your Route to a Safer, Smarter Fleet****John Stephens**, *Director of Sales, Michelin Connected Fleet*

John will discuss the different aspects of telematics and the benefits many they will bring to your team and fleet. He will share best practices as well as current transportation regulations.

**OSHA Interesting Case: A Recycled Nightmare**

**Adriana Thompson**, *Industrial Hygienist, Occupational Safety and Health Administration, St. Louis Area Office*  
Join Adriana as she walks you through the ordeal of a recycled nightmare with valuable LOTO takeaways.

Last Call for Exhibitor Viewing and Hazard Lab 2:00 p.m. — 2:30 p.m.

Closing Session 2:30 p.m. — 3:30 p.m.

**Closing Session**  
**2:30 p.m. - 3:30 p.m.**



**Ryan Hodge**

*Deputy Regional Administrator for OSHA's Region VII.*

## **OSHA UPDATE**

Ryan will Close Our Conference with an OSHA Update. Ryan will discuss the latest OSHA activities to improve workplace safety, including updates on regulatory priorities, enforcement actions and outreach initiatives.

Ryan Hodge is the Deputy Regional Administrator for OSHA's Region VII in Kansas City, Missouri. He has been with OSHA for 14 years. Prior to joining the Kansas City Regional Office, he served as Compliance Officer, Assistant Area Director, and Area Director in the Wichita Area OSHA Office. Prior to joining OSHA, he was a safety engineer in the aircraft manufacturing industry. Ryan grew up in Wichita and obtained his Bachelor of Science from Kansas State University and a Master of Public Health from the University of Kansas. He is a Certified Safety Professional (CSP) and Certified Industrial Hygienist (CIH). His hobbies include home improvement projects, working on classic cars, and spending time with his family.

# **Thank You For Attending**

**Certificates with CEU's listed will be outside of the Exhibit Hall after the final session**

# October 11, 2023 Conference Registration

\$200.00

Conference Walk-in Registration: \$250

**Cancellation Policy:** A full refund, less a \$50 processing fee per registration, will be granted if notification is received prior to October 1st. All cancellations made after October 1st are subject to full conference fees. We will be following CDC guidelines and those of Saint Louis University during the conference

Company Name \_\_\_\_\_ Company Size \_\_\_\_\_  
Name(s) \_\_\_\_\_  
Job Title \_\_\_\_\_ Type of Business \_\_\_\_\_  
Address \_\_\_\_\_  
City, State, Zip \_\_\_\_\_  
Phone \_\_\_\_\_ Cell Phone \_\_\_\_\_  
Email \_\_\_\_\_ Special Accommodations: \_\_\_\_\_

To ensure space availability,  
Please select **one** topic for **each**  
session for each attendee.

## Session I:

- Warehouse and Yard Safety
- Injury Action Plans
- Personal Safety
- Pot is Hot

## Session II:

- New Technology: Helmets
- Near Miss Program
- Cybersecurity
- DOT Update

## Session III:

- Fall Protection
- Emergency Action Plans
- Mental Well Being
- Workers' Compensation Update

## Session IV:

- Trench Safety
- Strategies for Life Changing Events
- Your Route to a Safer, Smarter Fleet
- OSHA Interesting Case

If you are attending the conference and paying with a **credit card**, please complete the online registration form at:

<http://www.stlsafety.org/conference-registration>

OR FOR MORE INFORMATION >>>



If you are attending the conference and paying with a company check, please contact:

[accounting@stlsafety.org](mailto:accounting@stlsafety.org)



**THE 20TH ANNUAL  
GREATER ST. LOUIS  
SAFETY & HEALTH CONFERENCE  
WEDNESDAY, OCTOBER 11, 2023**

**Unemployed Environmental Safety and Health  
Professionals may attend the conference at no charge.  
Safety and Health College Students may attend the  
conference at no charge.**

Please call (314) 621-9200 for details.

**Thank You!**

