



Safety Council of Greater St. Louis

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Defensive Driving 4 Hour Program

Our National Safety Council Defensive Driving Courses teach drivers how to recognize and react to immediate and potential hazardous driving situations and conditions. Our National Safety Council Certified Instructor-led, classroom courses provide collision prevention strategies and defensive driving techniques that focus on behavior, judgement, decision making and consequences.

Student Materials:

- Student Workbook with illustrations
- Interactive course with videos featuring real-life scenarios
- Nationally recognized program with course completion cards

Students will learn how to:

- Refresher training and fundamental knowledge for all employees.
- Instructs participants hazard recognition, use defensive driving techniques, and safe driving practices.
- Perfect refresher for all employees – recommended once every 5 years.

Training includes:

• What's in Our Control	• Speeding
• What Can Happen	• Aggressive Driving and Road Rage
• Defensive Driving and Collision Prevention	• Following too Closely
• Occupant Safety	• Distracted Driving
• Vehicle Safety Mechanisms	• Substance Impairment
• Sharing the Road	• Vehicle and Lane Management
• "What If" Strategy	• Drowsy Driving

While not required it is recommended to have refresher training in place for employees that drive professionally once every 5-years or if there is a near miss or reported crash.

