



## Safety Council of Greater St. Louis

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### **FIRST AID, CPR, AED CERTIFICATION COURSE** **4-6 Hour Course** **CEU's are Included**

Our comprehensive courses have been designed using extensive research and educational testing to improve skill mastery and long-term retention. Courses are taught in a dynamic and hands-on way with industry-leading curriculum and content from the expert in occupational first aid training. And when your employees complete their NSC First Aid training, you can rest easy knowing that they have gained the skills and confidence they need to respond in an emergency

#### **Student Workbook**

- Step-by-step photo sequences, illustrations, and skills presentation
- NSC First Aid Quick Guide
- Course DVD featuring real-life scenarios and CPR skills demonstrations
- Nationally recognized course completion cards

#### **What you will learn**

✓ Acting in an Emergency ✓ Preventing Disease Transmission ✓ Checking the Victim ✓ Recovery Positions ✓ Choking ✓ Bleeding and Wound Care ✓ Shock ✓ Burns ✓ Bone, Joint and Muscle Injuries ✓ Head and Spine Injuries ✓ Sudden Illness ✓ Poisoning and Allergic Reactions ✓ Cold and Heat Emergencies ✓ CPR and AED ✓ Choking ✓ Rescuing and Moving Victims

#### **New features**

- Icons – identifying different types of activities
- Increased number of scenarios
- Facilitation tips – checklist to help prepare for the course
- PowerPoint shortcuts

#### **Course Content**

Our instructor trainer materials will give you the knowledge and confidence to successfully train new NSC instructors and become a better instructor yourself.